



CHRIST'S CHURCH
OF THE CANYON

Week of May 31, 2020

Mid-week devotion

I don't want to "regurgitate" (*to bring back without analyzing or comprehending it*) today's news for you. What's the point? You've seen it. You've watched it. It's causing you and the rest of us great levels of stress and anxiety. You're just like everyone else, right on the edge of spinning out of control. But, you're a follower of Jesus. He's given us tools and some common sense to dampen, circumvent, over-ride the "spin-out." It's called...wait for it...His Word! I'm giving you 12 verses from His Word that I'd like you to read, think about, meditate (*same thing*), memorize, and dwell on. In fact, how about a "2-fer?" You know, 2 for 1. For every 2 hours you spend watching news you spend an hour meditating on these verses? *I get it. I really do.* We watch news to be well informed. But, more often-than-not it causes us to "freak out" and increase our life insurance. These are 12 verses that will bring you comfort in uncertain times. Like, **RIGHT NOW!!!!**

- Romans 15:13
- John 16:22
- Deuteronomy 31:8-9
- Joshua 1:9-10
- 2 Corinthians 1:3-4
- Matthew 11:28-30
- Psalm 23:4
- Romans 8:26-28
- Psalm 27:1
- Psalm 86:17
- Psalm 23
- Psalm 9:9

Email me (wayne@christchurchofthecanyon) and let me know how you're doing with the verses.

Pastor Wayne



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